Parent / Child

Most classes held at: NKCC **North Kirkland Community Center**

12421 103rd Ave NE * 425,587,3350

Parent/Child Class Requirements

- ★ Children must be able to follow directions and participate in small group settings.
- ★ Children take part in classes with a parent.
- Please take your child to the bathroom before class.
- No siblings other than infants in carriers. Registered participants only.
- * Refer to class description for "no class" dates Please be on time!
- ★ Individual classes that are canceled due to instructor's illnesses or emergencies will be made up the week following the end date of class, where the schedule allows. If the schedule does not allow for a makeup class, a credit will be issued.

Dance

Mom and Me Ballet/Tap Combo NEW!

Ages 3 to 5 years with parent

Is your child too timid to take a class by themselves? Have you longed to bring your secret dream of learning to dance to life? Together you will be introduced to basic ballet and tap steps in this non-intimidating environment where young and "older" are all beginners. Practice together at home what you've learned in class each week!

Register child only, each separately; adult attends with child at no additional cost ★ Ballet slippers and tap or dress shoes required! ★ Location: NKCC

10 weeks ★ Resident \$72 / Non-Resident \$86

Wed	10:30-11:15am	Apr 11–June 13	35806
8 weeks ★ No class 7/4 ★ Resident \$58 / Non-Res.			
Wed	10:30-11:15am	June 27—Aug 22	35805

Move and Grow

Instructor Jessica Gleason has a strong foundation in dance, inspired and trained by world renowned dance educator and developer of Brain Dance, Anne Green Gilbert of the Creative Dance Center Seattle. From "Tummy Time", to coordinated movements, to nursery rhymes, Jessica has an extremely creative and joyful approach to teaching that integrates the mind and body, and reinforces the importance of movement in early life.

Move and Grow for Babies NEW

Ages 2 months to pre-walking with adult

Movement in the early years of life plants the seed for lifelong learning! Enrich your child's first year of life with movement, music, and fun! Learn fun activities for enjoying tummy time and make playful social/emotional connections. Build optimal brain development using nursery rhymes, instruments, multi-sensory props while moving to a wide variety of music!

Location: NKCC ★ No class 4/24

8 weeks * Resident \$88 / Non-Resident \$106

5 weeks ★ Resident \$55 / Non-Resident \$66

11:30am-12:30pm July 10-Aug 7 35602

Sign Language

Sign With Your Baby NEW!

Ages 6 months to 2 years (pre-verbal)

Did you know babies as young as six months of age can communicate with you before they speak clear words? Visually Speaking offers Baby Signing classes to hearing families using American Sign Language. You will be amazed at what your baby is telling you!

Class fee includes the required textbook "Sign With Your Baby", a \$15 value. ★ Instructor: Melissa (Echo) Greenlee/Visually Speaking \star Location: NKCC \star 6 weeks Resident \$120 / Non-Resident \$144 (fee includes book) NOTE: 2nd child in same family: Res \$60 / Non-Res \$72

Thur	11am-12pm	Apr 19–May 24	35608

Move and Grow for Waddlers NEW!

Ages walking to 30 months with adult

Dancing together with your child while exploring movement activities and practicing skills is not only lots of fun but also educational! A wide variety of music, props, rhythm instruments, BrainDance rhymes and an obstacle course add to the playful environment and learning.

Location: NKCC ★ No class 4/24

8 weeks * Resident \$88 / Non-Resident \$106

Tue	10:30-11:30am	Apr 10–June 12	35603

5 weeks ★ Resident \$55 / Non-Resident \$66

Tue	10:30-11:30am	July 10—Aug 7	35604
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Move and Grow for Toddlers NEW!

Ages 30 months to 4 years with adult

Children and their parent/caregivers are playfully engaged to move using fun concepts, such as size and level that research has shown to enhance brain development. Come learn new skills while enjoying a wide variety of music, props, rhythm instruments, Brain Dance rhymes, and an obstacle course add to the playful environment and learning.

Location: NKCC ★ No class 4/24

8 weeks * Resident \$88 / Non-Resident \$106

Tue	9:30-10:30am	Apr 10-June 12	35606

5 weeks * Resident \$55 / Non-Resident \$66

Tue	9:30-10:30am	July 10—Aug 7	35607

Wiggle Clap & Sing

Wiggle Clap & Sing for Babies

Ages 1 to 15 months with parent

Play musically with your baby through bouncing and rocking songs, wiggle and peek-a-boo games, and dancing, moving, and singing! The foundation is laid for rhythm awareness, voice and language, and aural discrimination. Instructor Kate Fynn is an accomplished vocalist with experience in the Seattle Symphony Choir. She has been working with babies and children in a variety of settings and would love to share the joy of music with our families and the community.

Instructor: Miss Kate ★ Location: NKCC ★ 5 weeks No class 5/26 ★ Resident \$36 / Non-Resident \$43

Sat	9:30-10:15am	Apr 14-May 12	35587
Sat	9:30-10:15am	May 19—June 23	35588
Sat	9:30-10:15am	July 14—Aug 11	35590

Wiggle Clap & Sing updates on www.wiggleclapandsing.blogspot.com

Wiggle Clap & Sing for Toddlers Ages 15 months to 2 years with parent

It's never too early to explore music! This is a fun, creative class designed for you and your toddler. We will introduce musical components such as rhythm, melody, and a variety of instruments. You and your toddler will be able to express yourselves through music and body movement. This class is great for developing pre-math, pre-literacy, and social skills in every child!

Instructor: Miss Kate ★ Location: NKCC ★ 5 weeks No class 5/26 ★ Resident \$36 / Non-Resident \$43

Sat	10:25-11:10am	Apr 14—May 12	35592
Sat	10:25-11:10am	May 19-June 23	35593
Sat	10:25-11:10am	July 14—Aug 11	35594

Wiggle Clap & Sing for Preschoolers

Ages 2 to 5 years with parent

This is a joyful and engaging class for you and your preschooler. We will make sense of the world through rhythm and melody while becoming more familiar with instruments and songs. Your preschooler will gain social skills such as self control and listening, as well as pre-literacy skills. We will also have fun with music and body movement.

Instructor: Miss Kate ★ Location: NKCC ★ 5 weeks No class 5/26 ★ Resident \$36 / Non-Resident \$43

Sat	11:20am-12:05pm	Apr 14-May 12	35596
Sat	11:20am-12:05pm	May 19–June 23	35597
Sat	11:20am-12:05pm	July 14—Aug 11	35598

"We had such a wonderful time, there is no better way to spend a Saturday morning. We're looking forward to playing with everyone again soon!"

- Brennan, Chris and Emily (Wiggle, Clap, & Sing)



Baby Boogie Woogie

Ages 12 months to 36 months w/ parent

Attention Tiny Tots—Are you tired of watching the older preschoolers have all the fun? In this musical class we will sing all the old favorites, make our own music with an assortment of fun instruments, and march to our own drummer! Teacher Karen Renfroe-Gielgens has over 20 years experience teaching programs to our preschoolers.

Please take note of our age groups; you are now able to attend this class with your younger and older ones
Instructor: Karen Renfroe-Gielgens ★ Location: NKCC
4 weeks ★ No class 5/28 ★ Resident \$29 / Non-Res. \$35

12 to 18 months

Mon	9:15-10am	Apr 9–30	35612
Mon	9:15-10am	May 7—June 4	36281
Mon	9:15-10am	June 18–July 9	35615
Mon	9:15-10am	July 16—Aug 6	35624

12 to 36 months

Mon	10:10-10:55am	Apr 9–30	35613
Mon	11:05-11:50am	Apr 9–30	35614
Mon	10:10-10:55am	May 7—June 4	36282
Mon	11:05-11:50am	May 7—June 4	36283
Mon	10:10-10:55am	June 18–July 9	35616
Mon	11:05-11:50am	June 18–July 9	35617
Mon	10:10-10:55am	July 16—Aug 6	35626
Mon	11:05-11:50am	July 16—Aug 6	35628

Parent / Child Kids in Motion

Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing their large muscle motor skills. Our age appropriate program progresses with your children... they'll be crawling, climbing, balancing, bouncing, even hula-hooping their way through each class! A wide variety of equipment and activities makes this class a favorite. Motion I and II are for parent and child. See page 21 for child-only Kids In Motion classes.

Location: NKCC

Parent/Child Motion I

Ages 18 to 26 months

Child must be walking!

6 weeks ★ No class 5/16 ★ Resident \$42 / Non-Res. \$50

Wed	9:15-10am	Apr 11–May 23	35669
Thur	9:50-10:35am	Apr 12-May 17	35670

5 weeks ★ Resident \$35 / Non-Resident \$42

Wed	9:15-10am	May 30-June 27	35671
Thur	9:50-10:35am	May 31–June 28	35672

7 weeks * Resident \$49 / Non-Resident \$59

Wed	9:15-10am	July 11-Aug 22	35673
Thur	9:50-10:35am	July 12-Aug 23	35674

Parent/Child Motion II

Ages 24 to 36 months

6 weeks ★ No class 5/16 ★ Resident \$42 / Non-Res. \$50

Wed	10:05-10:50am	Apr 11–May 23	35696
Thur	10:45-11:30am	Apr 12—May 17	35676

5 weeks ★ Resident \$35 / Non-Resident \$42

Wed	10:05-10:50am	May 30-June 27	35677
Thur	10:45-11:30am	May 31–June 28	35678

7 weeks * Resident \$49 / Non-Resident \$59

Wed	10:05-10:50am	July 11—Aug 22	35679
Thur	10:45-11:30am	July 12—Aug 23	35680

KidSafe

A Parent/Child Workshop to Keep Your Youngsters Out of Harm's Way PAGE 23

Parent / Child

Gardening

Parent/Child How Does Your Garden Grow?

Ages 2 to 5 years with parent

Join this class for a fun hands-on exploration of how seeds grow, the work of bugs, the beauty of nature, and much more. Projects may include planting, outdoor exploration, and craft planting. Dress warm—this class will be conducted in the covered shelter area of our beautiful McAuliffe Park!

Instructor: Miss Susie ★ Location: McAuliffe Park, 10824 NE 116th St., Kirkland (enter off of 108th Ave NE) 4 weeks ★ Supply fee of \$8 payable to instructor 1st day of class ★ Resident \$29 / Non-Resident \$35

Ages 2 to 3 years with parent

Wed	10-10:45am	Apr 25-May 16	35652

Ages 2 to 5 years with parent

Wed	11–11:45am	Apr 25-May 16	35653
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Messy Art for Twos

2 year olds only with parent

Tickle your two year old's senses in this messy art class designed just for this age! Children love to play messy - from smearing paint and kneading dough to experimenting with glue, colors, and mixing. This type of sensory and tactile play helps develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art. Dress for a mess!

Instructor: Miss Monique * Location: NKCC

Session 1 & 2 3 weeks * Resident \$24 / Non-Res \$29

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Mon	10:30-11:15am	Apr 9–23	35632
Wed	9:30-10:15am	Apr 11–25	35633
Thur	9:30-10:15am	Apr 12–26	35634
Mon	10:30-11:15am	May 7–21	35635
Wed	9:30-10:15am	May 9–23	35636
Thur	9:30-10:15am	May 10-24	35637

Session 3 2 weeks ★ Resident \$16 / Non-Resident \$19

Mon	10:30-11:15am	June 4–11	35638
Wed	9:30-10:15am	June 6–13	35639
Thur	9:30-10:15am	June 7–14	35640

"My 3 year old and I have been taking the art class since she was 2 and we LOVE it! Monique is always so helpful and creative with the projects. We have created projects and memories that will last us a lifetime."

- Messy Art for Twos Parent

Parent/Child Art

Ages 21/2 to 31/2 years with parent

Monthly-themed classes are a fun and affordable way for parents and children to explore the world of art. We'll provide all the tools like glue, glitter, paint and dough to inspire your little ones to create their masterpieces. Dress for a mess in our indestructible art room!

Instructor: Monique Bayne

Peep and Hop in April

Spring has sprung and with it brings rainbow eggs and fluffy things. From yellow chicks and lop eared bunnies to colorful nests made of Sundays funnies. You'll have a hopping good time in this parent/child art!

April Session Instructor: Miss Monique ★ 3 weeks Location: NKCC ★ 3 weeks ★ Resident \$24 / Non-Res \$29

Mon	9:30-10:15am	Apr 9–23	35645
Thur	10:30-11:15am	Apr 12–26	35646

Moonbeams in a Jar for May

From twinkling stars to moons of clay, we'll travel along the Milky Way. And while we're creating art in space, we won't forget our mommy, and her loving face. We'll take her swinging on a star, and bring her moonbeams in a jar. It's such a sweet and messy way to celebrate her special day.

May Session Instructor: Miss Monique ★ 3 weeks Location: NKCC ★ Resident \$24 / Non-Resident \$29

Mon	9:30-10:15am	May 7–21	35647
Thur	10:30-11:15am	May 10-24	35648

Farmers Market Day for June

Two peas in a pod or melons we'll make, from a market idea for goodness sake. Fruits or veggies for art, isn't that smart? And you know that it's true, they're good for you too, when your done with your stay, you'll smile and say, "I'm full from the fun, I've had a great day"!

June Session Instructor: Miss Monique ★ 2 weeks Location: NKCC ★ Resident \$16 / Non-Resident \$19

Mon	9:30-10:15am	June 4–11	35649
Thur	10:30-11:15am	June 7–14	35650

Language

Polly-Glots

Ages 1 to 5 years with parent

Polly-Glots was founded in 2007 by a mom with a dream of bringing the wonder of her multi-lingual upbringing to other children. Their mission is to offer engaging and affordable language immersion classes for children, and to foster a community of families interested in bringing foreign language and culture into their homes.



Spanish for Preschoolers

Ages 1 to 5 years with parent

This Spanish immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Themes include music, stories, and games that are often familiar to parents and easy to repeat in the home. Vocabulary is provided so parents can reinforce the language outside of class. Class ages may be combined to prevent cancellations.

Location: NKCC ★ 10 weeks
Resident \$168 / Non-Resident \$202
Ages 1 to 3 years

Wed 9:30–10:15am Apr 11–June 13 35697

Ages 1 to 5 years

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Wed	10:30-11:15am	Apr 11–June 13	35698

Hindi for Preschoolers NEW!

Ages 1 to 5 years with parent

Join in the fun in this Immersion Hindi class and learn basic, themed and cultural aspects of Hindi language and culture. Taught by native speaker. Class includes BrainDance, games, art, and much more!

Location: NKCC ★ 10 weeks Resident \$168 / Non-Resident \$202

Thur	10:30-11:15am	Apr 12–June 14	36104

Saturday May 12

2:00-4:00pm

It's time to show your Mother just how much you care-she'll love the day we've planned, just because you're there.

The two of you together will make a hat for you to wear, and listen to the stories that we would like to share.

The tea is made of lemons that someone else has squeezed, and nibble on the goodies - we think you will be pleased.

And when the tea is over, remember what to say, "I love you Mommy, and thank you, for our special day!"



Ages 3 to 8 years with Mom

Location: NKCC • Resident \$25 / Non-Resident \$30 Register child only. 2nd child fee: Res. \$10 / Non-Res. \$12

Registration # 35665



Parent/Child Preschool Cooking Series

Ages 2 to 5 years with parent

The cooking with preschoolers' program is located in the cozy kitchen at our beautiful McAuliffe Park, 10824 NE 116th St. (enter off of 108th).

Itty Bitty Breakfast Club

Ages 2 to 5 years with parent

Can you give a pig a pancake, or a moose a muffin? Well maybe, if you learn to cook! Everyone knows that breakfast is the most important meal of the day. Mommy - it will chase away the tired, restless, and irritable grumpies! Join us as we give a tot a teacher, instructions, a recipe, friends.....

Instructor: Miss Susie * Location: McAuliffe Park Supply fee of \$6 payable to the instructor ★ 3 weeks Resident \$29 / Non-Resident \$35

Fri	9:30-10:30am	Apr 13–27	35655
Fri	10:45-11:45am	Apr 13–27	35656



A big hug & thank you goes out to Rotary Club of Kirkland Downtown for our beautiful new oven!

-NKCC at McAuliffe Park

Dip & Sticks

Ages 2 to 5 years with parent

What's more fun than a dip in the pool? A dip that you make, sometimes hot, sometimes cool. The dip will be ready when you measure, pour and mix, then the secret is the goody that you've put on a stick. Dip your stick, take a bite, and smack your lips with delight!

Instructor: Miss Susie ★ Location: McAuliffe Park Supply fee of \$6 payable to the instructor 3 weeks ★ Resident \$29 / Non-Resident \$35

Fri	9:30-10:30am	May 4-18	35657
Fri	10:45-11:45am	May 4-18	35658

Teddy Bear Picnic Fare

Ages 2 to 5 years with parent

Spend a bright spring day prepping and preparing for a picnic. We'll pack our wicker basket, red-checked tablecloth and invite the ants so bring your favorite stuffed friend and come along with us as we picnic and share a story outside, weather permitting, in McAuliffe Park. Please note that this class is a little longer so that we can pack and picnic, even if it has to be inside!

Instructor: Miss Susie ★ Location: McAuliffe Park Supply fee of \$6 payable to the instructor 3 weeks ★ Resident \$32 / Non-Resident \$38

Fri	9:30-10:45am	June 1–15	35659
Fri	11am-12:15pm	June 1–15	35660



at North Kirkland Community Center

Drop-in Program for ages 1 to 5 years with parent

Rain or shine, our toys are divine! Escape cabin fever and come to the North Kirkland Community Center, across from the choo-choo train park. Kids have lots of room to run and play! Parents must supervise their children.

April 10 – June 14

12421 103rd Ave NF. Kirkland, 425.587.3350

Tue 10am-1pm • Wed 11am-2pm Thur 10am-1pm

Convenient cost-saving Drop-In Punch Cards! \$25 for 10 visits. These make great gifts!

Please bring exact change: Fee \$3 per visit, per child at the door * No charge for babies under 12 mos * No six year olds, please! ★ Sorry, no snacks or drinks allowed ★ Note: Indoor Playground is closed during the summer months and re-opens in September.